

# You & Your Horse Holistically

a 3 part series + options for a 4th part

All activities  
hands on  
& very  
Interactive !

Pre-registration  
is strongly  
encouraged

Maximum:  
20 people

**Cost: \$75**  
Discount for  
Forage Members  
& Farm Units  
Includes lunch

To Register:  
Call Sandra at  
250 789 6885

or email:  
firstresource6885  
@gmail.com

## Holistic Workshop #3 Sat. March 2, 2019

10 am to 4 pm  
Farmington Community Hall  
Parkland Road, Farmington, BC

### Starting Your Day Nutritionally

- ⇒ With Samantha Dilworth, *Exceptional Equine*
- ⇒ Healthy snacks & shakes
- ⇒ Review tools to center ourselves & our horses

### Understanding Equine Nutritional Needs & Your Feed Quality

- ⇒ With Lori Vickers, *BC Ag Regional Agrologist*
- ⇒ Nutritional needs for different situations
- ⇒ Body condition scoring
- ⇒ Feed quality & testing
- ⇒ Balancing rations with your feed tests

### Understanding Forage Quality & Quantity in Your Pastures

- ⇒ With Julie Robinson, *Forage Friendly Enterprises*
- ⇒ What are the plants telling us
- ⇒ Can we estimate how much grazing we have
- ⇒ Managing your grazing to match your goals
- ⇒ Balancing calories & sugars in forage grazing

### Closing the Nutrient Cycle with Soil Quality

- ⇒ With Sandra Burton, *First Resource*
- ⇒ What are our weeds telling us
- ⇒ Can we manage for less weeds in our pastures
- ⇒ What are our soils telling us
- ⇒ Managing nutrients for our forage needs

### Feed Tests & Probes:

We encourage you to bring your own feed tests.  
Call us if you need help or  
to rent our feed probes.



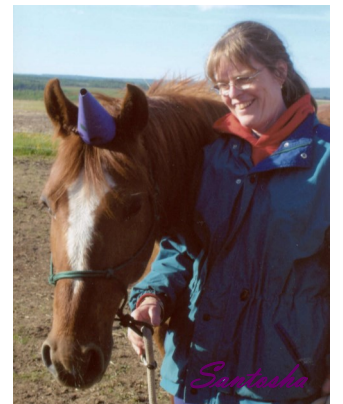
Samantha Dilworth & Horton  
[www.exceptionalequine.ca](http://www.exceptionalequine.ca)



Lori Vickers & Mystic



Julie Robinson & Socks



Sandra Burton & Copper

Sat in April or May: Pasture Walks & Grazing Plans  
TBA if requested by participants